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Angela Sanfilippo Headlining at Next Seafood Throwdown

At this week's Seafood Throwdown on September 18th instead of a competition we are bringing you a real treat: a seafood demonstration by an icon of Gloucester's fishing community: Angela Sanfilippo.

As a community activists and a lifelong advocate of Gloucester's fishing community, Angela has used seafood demonstrations as way to drive home the need for protecting our oceans and marine fisheries that sustain fishermen. Angela is the CEO of the Gloucester Fishermen's Wives Association (GFWA) and executive director of the Massachusetts Fishermen's Partnership. An avid cook, her recipes can be found in Gloucester Fishermen's Wives' *The Taste of Gloucester* cookbook which has sold over 100,000 copies to date. She and other members of GFWA have been guests on various cooking shows including PBS' *Ciao Italia* and a host of programs on *The Food Network*. Her story is also featured in "A Fish Story," an independent film chronicling the lives of two women active in their fishing communities and working to survive in the wake of an environmental calamity.



There will be no judges for this event. Instead more tickets will be available for public tastings.

Seafood Throwdown is an event cooked up by the Northwest Atlantic Marine Alliance (NAMA) and Cape Ann Farmers' Market to drive the importance of locally caught seafood and community based fishermen to people's stomachs. Seafood Throwdowns will run from 4:30 to 6 p.m. and promise to be a fun, educational and community driven activity designed to educate those interested in local produce about the importance of locally caught seafood.

Next Seafood Throwdowns where chefs will compete are scheduled for October 2nd and the last day of the Farmers' Market on October 9th.

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